

Salutations to Aum. The syllable OM or AUM, the most sacred symbol of Hinduism, is associated with both symbolism and mysticism. It is mentioned and elaborated in all Hindu scriptures. OM symbolizes the infinite Brahman and the entire universe. In Sanskrit the sounds of letters A and U produce, when combined together, the sound equivalent to the letter O. Thus the sound produced by OM is obtained by superimposing the sounds produced by three letters A, U and M. OM is also called the "4-element-syllable." The alphabets A, U and M are three elements and the fourth is the silence from which the sound OM arises, and back into which subsides. Of all the mantras in Hindu religious Sanskrit literature, the most powerful and sacred one is the single-syllabled incantation called Pranava. This is the OM. The three basic sounds, AUM (or OM) represent the beginning, the progress and the dissolution - the powers of God, the Almighty. They also represent the levels of human consciousness - wakefulness, dreamsleep, deepsleep; AUM also represents that which is ever new, the whole of Atman and Paramatman: It also symbolizes time and space (the manifest) as well as the unmanifest Reality. Salutations to you, Aum.

गणेश मन्त्रः

वक्रतुण्ड महाकाय कोटिसूर्य समप्रभ । निर्विघ्नं कुरु मे देव सर्वकार्येषु सर्वदा ॥

*Vakra-tunda-mahaa-kaaya, Koti-Surya-sama-prabha,
Nirvighnam-Kuru-me Deva, Sarva-kaaryeshu Sarvadaa*

O Lord Ganesha with the curved trunk and mighty body, O Lord shining with the luster of ten millions of Suns, forever remove all obstacles from my actions.

ओंकार मन्त्रः

ओंकारं बिंदु संयुक्तं नित्यं ध्यायन्ति योगिनः कामदं मोक्षदं चैव ओंकाराय नमः ॥

*Aum-kaaram Bindu Samyuktam, Nityam Dhyaa yanti Yoginah,
Kamadam Mokshadam Chaiva, Aum-kaaraaya Namaha.*

I offer my respects to this sacred letter 'AUM or Om' on which the yogis constantly meditate. The AUM has the power to grant our material and spiritual desires. The AUM written with a dot signifies that we are all drops of that AUM from which we have come. To this letter 'Aum or Om' we offer our salutations.

मृत्युञ्जय मन्त्रः

ॐ त्र्यम्बकं यजामहे सुगन्धिं पुष्टिवर्धनम् । उर्वारुकमिव बन्धनान् मृत्योर्मुक्षीय मामृतात् ॥

*Aum Tryambakam Yajamahey, Sugandhim Pushtivardhanam,
Urvaarukamiva bhandhanan, Mrtyormuksheeya maamritaat.*

We worship Lord Shiva, the three-eyed, the one who is the master of all senses and qualities and the one who is the sustainer of all growth. May he release us from the bondage of death as a ripened cucumber is released from its stalk and may he not deprive us of immortality)grant us immortality.

सरस्वती प्रार्थना

या कुन्देन्दुतुषारहारधवला या शुभ्रवस्त्रावृता या वीणावरदण्डमण्डितकरा या श्वेतपद्मासना ।

या ब्रह्माच्युतशंकरप्रभृतिभिर्देवैःसदावन्दिता सामंपातु सरस्वती भगवती निःशेषजाड्यापहा ॥

*Ya Kundendu-tusharahara dhavalaa, Ya Shubravastraa-vritaa,
Ya Vinavara danda mandita kara, Ya shveta padmasanaa,
Ya Brahmaaschuta Shankara prabrtibih, Devai Sadaa Vandita,
Sa Maam Paatu Saraswati-Bhagavati, Nih-shesha-jaadyaa-paha*

The Goddess Saraswathi, who is like the flower Kunda (Jasmin), like the moon, the snow, the string of pearls, who is dressed in white, seated on a white lotus flower with hands poised on the divine veena musical instrument, and who is adored by the gods Brahma, Vishnu and Shiva, may she protect me by removing all darkness from my intellect.

सरस्वति नमस्तुभ्यम् वरदे कामरुपिणि विद्यारंभम् करिष्यामि सिद्धिर्भवतु मे सदा ॥

*Saraswati Namasthubhyam Varade Kaamarupini
Vidhyarambham Karishyami, Sidhirbhavatu may Sadaa*

O, Saraswathi, goddess of knowledge, I am beginning my learning journey. I pray to you to grant me success in my attempts to acquire knowledge.

गुरु प्रार्थना

गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः । गुरुः साक्षात्परंब्रह्म तस्मै श्रीगुरुवे नमः ॥

*Gurur Brahma Gurur Vishnuh, Gurur devo Mahesh varah,
Guruh Sakshat Param Brahm, Tasmai Sri Guruve Namah.*

Brahma is the ultimate teacher. Vishnu is the ultimate teacher, and Maheshwara is the ultimate teacher. To that ultimate teacher, who is also the eternal soul (Brahman), I offer my prayers.

अखण्डमंडलाकारम् व्याप्तं येन चराचरम् । तत्पदं दर्शितं येन तस्मै श्री गुरुवे नमः ॥

*Akkhanda-mandalaakaaram, Vyaptam yena charaacharam,
Tatpadam darshitam yena, Tasmai shri-gurave namah.*

Salutations are to that guru who showed me the abode, the one who is to be known, whose form is the entire universe and by whom all the movable and immovable are pervaded.

लक्ष्मी प्रणाम्

नमस्तेऽस्तु महामाये श्री पीठे सुरपूजिते । शंखचक्रगदाहस्ते श्री महालक्ष्मी नमोऽस्तुते ॥

*Namastestu Maha-maye, Sri peetey sura-pujitey,
Shankha-chakra-gadhaa-haste, Sri Mahaalakshmi Namostuthe.*

Salutations to the source of all energies, who is in blessedness, who is worshipped by gods, who holds her hands the conch, the wheel or chakra and the mace; O Mahalakshmi, salutations to you.

विष्णु स्तुति

शन्ताकारं भुजगशयनं पद्म नाभं सुरेशं विश्वाधारं गगनसदृशं मेघवर्णं शुभाङ्गम् ।

लक्ष्मीकान्तं कमलनयनं योगिभिर्ध्यानगम्यं वन्दे विष्णुंभवभयहरं सर्वलोकैकनाथं ॥

*Shantaakaaram Bhujaga-shayanam Padmanabham Suresham,
Vishva-dharam Gagana-sadrusham Megavarnam Shubhangam,
Lakshmikantham-Kamalanayanam Yogirmidhyana-gamyam,
Vande Vishnu Bhava-bhaya-haram Sarva-lokaika-natham.*

The One, who is peace personified, lies on the great serpent-bed, from whose navel springs the lotus, whose form is the universe all pervading as space, who with the hue of the cloud is fascinatingly beautiful, who is the consort of the lotus-eyed Lakshmi, who destroys the fears of this material existence, who is perceived by the Yogis through meditation, that Lord Vishnu, I meditate upon you.

त्वमेव माता च पिता त्वमेव त्वमेव बन्धुश्च सखा त्वमेव ।

त्वमेव विद्या द्रविणं त्वमेव त्वमेव सर्वं मम देव देव ॥

*Tvameva Matascha Pitaa Tvameva, Tvameva Bandhuscha Sakaa Tvameva,
Tvameva Vidhya Dravinam Tvameva, Tvameva Sarvam mamadevadeva*

O God, You are my mother: You are my father: You are my relation: You are my friend: You are my wisdom: You are my strength, valour and power: You are everything to me, O God of Gods.

एक श्लोकी रामायण

आदौ रामतपोवनादिगमनं हत्वा मृगं काञ्चनं वैदेहिहरणं जटायुमरणं सुग्रीवसम्भाषणम् ।

बाली निर्दलनं समुद्र तरणं लंकापुरी दाहनं पश्चाद्रावण कुम्भकर्ण हननं एतद्विरामायणम् ॥

*Purvam Raama Tapo-vanadi-gamanam, Hatvaa Mrgam Kaanchanam,
Vaidehi-haranam Jataayu-maranam Sugrieva Sambhaa-shanam,
Vali Nirdalana Samudra-Taranam Lankaa-puri Daahanam,
Paschaat Ravana Kumbakarna Maranam Yetad Sri Raamaayanam.*

Ramayana, the story of Rama, narrates Rama's banishing to the forest, the killing of the golden deer, the abduction of Sita, the passing of Jatayu, conversations with Sugrieva, destruction of Vali, Crossing of the ocean, destruction of the city of Lanka by fire and the killings of the demons, Ravana and Kumbhakarana.

हनुमान स्तुति

मनोजवं मारुत तुल्यवेगम् जितेन्द्रियं बुद्धिमतां वरिष्ठं ।

वातात्मजं वानर यूथ मुख्यम् श्रीराम दूतं शरणं प्रपद्ये ॥

*Manojavam maaruta-tulya-vegam, Jitendriam Budhimatam Varishtam,
Vathatmajam Vanarayutha-mukhyam, SriRama-Dutam Sharanam Prapadhye*

I bow in reverence to the son of Vayu (Hanuman), the one whose swiftness is comparable to the speed of the mind, who has conquered his senses, who is supreme among the wise, who was the chief of Vanaras and acted as Sri Rama's messenger.

शिव प्रार्थना

कर्पूरगौरं करुणावतारं संसारसारं भुजगेन्द्रहारं ।

सदावसन्तं हृदयारविन्दे भवं भवानी सहितं नमामि ॥

*Karpuragauram Karunaavataaram, Samsaarasaaram Bhujagendrahaaram,
Sadaa-vasantham Hrdhayaaravinde, Bhavam Bhavani Sahitam namaami.*

I salute to That God along with Bhavani, Who is as white as camphor, an incarnation of compassion, the essence of this world, Who wears a serpent around his neck, and is ever present in the lotus abode of our hearts.

करचरण कृतं वाक्कायजं कर्मजं वा श्रवणनयनजं वा मानसं वापराधं ।

विहितमविहितं वा सर्वमितक्षमस्व जयजय करुणाब्धे श्रीमहादेव शम्भो ॥

*Karacharana krtam Vak, Kaayajam Karmajam, Shravananayanajam va
Manasam vaa Paraadham, Vihitam Avahitam va, Sarvametat Kshamasva,
Jayajaya Karunadhbe, Shri mahaadeva shambho.*

O Lord Shiva, please forgive all wrong actions knowingly or unknowingly committed by my hands, feet, speech, body, ears, eyes or mind.

गायत्री मन्त्रः

ॐ भूर्भुवः स्वः तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि धियो यो नः प्रचोदयात् ॥

*Aum, Bhur Bhuvah Swaha, Tat Savitr Varen-yam Bhargo Devasya Dhimahi, Dhi-yo yo Nah,
Pracho-dayaat.*

May my mind be steady without agitation or confusion; clean the cloud of passions; may my perception of the world be clearer, my discrimination sharp and my judgment reasonable and swift; may my understanding of situations and beings precise and wise: May the light of my consciousness shine.

शान्ति प्रार्थना

ॐ द्यौः शांतिरन्तरिक्षं शान्तिः पृथिवीशान्तिरापः शान्तिरौषधयः शांतिः ॥ वनस्पतयः शान्तिर्विश्वेदेवाः शान्तिर्ब्रह्म
शान्तिः सर्वं शान्तिः शान्तिरेव शान्तिः सामा शान्तिरेधि ॥ ॐ शान्तिः शान्तिः शान्तिः ।

*Aum Dhyau Shantih, Anthariksham Shantih, Prutvee Shantih, Aapah Shantih,
Aushadham Shantih, Vanaspateya Shantih, Vishve Devah Shantih, Brahma Shantih,
Sarvam Shantih, Shanti Reva Shantih, Saa Maa Shantih Reydhee, Aum Shantih 3*

Let there be peace in the Heavens, peace on earth: Let the environment be peaceful and the waters calm: Let the herbs and plants bring forth health and peace to all: Let the Divine powers be a source of peace: Let the enlightened people spread the peace all over: Let all things bring peace to us: Let peace bring more peace.

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामया । सर्वे भद्राणि पश्यन्तु मा कश्चित् दुःख ॥

*Aum, Sarve Bhavantu Suki-nah, Sarve Santu Niraamayaah,
Sarve Bhadrani Pashyantu, Maa Kaschid-Dukha-Bhagya-Bhavet,*

May God give joy to everyone: May He nourish us all: May He make us work together with vigor and divine strength: May love and harmony embody in us: May we acquire brilliance of intellect: May there be Peace for ever.

स्वस्ति प्रजाभ्याः परिपालयन्ताम् न्यायेन मार्गेण महिमहिषः ।

शुभमस्तु नित्यं सर्वे जनाः सुखिनो वन्तु लोका समस्ताः सुखिनो भवन्तु ॥

*Swasti Prajaryah Paripaalaa-yanthaam, Nyayena Maargena Mahim-mahishah,
Shubhamastu nityam, Sarve Janaah Sukhino Bhavantu, Lokaa Samastaah Sukhino
Bhavantu.*

Lokaa Samastaah Sukhino Bhavantu. May Your people be well by Your grace; may they be governed by Your justice; may everyday of their life be auspicious; May all persons be happy; may the whole be happy and joyous.

ॐ असतो मा सद्गमय तमसो मा ज्योतिर्गमय मृत्योर्मा अमृतंगमय । ॐ शांतिःशांतिःशांतिः ।

*Asato Maa Sadu-gamaya, Thamaso Maa Jotir Gamaya,
Mrtyor-Maa Amritham Gamaya Aum, Shantih, Shantih, Shantih. (3)*

O God, lead us from untruth (appearance) to truth (reality), from darkness (ignorance) to light (enlightenment), and from death to immortality. May there be Peace, only Peace and nothing but Peace.

मंत्रहीनम् क्रियाहीनम् भक्तिहीनम् । यत्पूजितम् मयादेव पारिपूर्णं तदस्तुमे ।

*Mantrahinum Kriyaahinum bhaktihinum,
Yatpujitam mayaaadeva Paaripurna tadhastume*

Oh Lord of Lords, whatever shortcomings that may be there in the mantras chanted by me, or in the action and puja, or even in my devotion itself, let them be overcome and be made complete when I worship you with devotion.

ॐ सहनावतु सहनौ भुनक्तु सहवीर्यम् करवावहै तेजस्विनावधीतमस्तु मा विद्विषावहै ॐ शांतिः शांतिः शांतिः ॥

Aum Sahanaa Bhavatu, Sahanau Bhunaktu, Sahaveeryam Karavaavahai, Tejasvi-naavadhita-mastu, Ma Vidvi-shaa-vahai, Aum, Shantih...

May the Lord protect us all; may he nourish us all; may we work together uniting our strength for the good of humanity; may our learning be exemplary and purposeful; may we never hate one another; may there ever be peace, peace and perfect peace.

मातृ देवो भव । पितृ देवो भव । आचार्य देवो भव । अथिति देवो भव ॥

Maatru Devo Bhava, Pitru Devo Bhava, Achaarya Devo Bhava, Athiti Devo Bhava.

I shall regard the mother a goddess, the father a god and also the teacher a god. I also regard the guest, who enters my house, as god.

पूर्णमिदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥

Om Poornamadah Poormidam, Purnaath Poornamudachyathe, Poornasya Poornamaadaaya, Poornameva avashishyate.

That is perfect - this is perfect. What comes from such perfection truly is perfect. What remains after perfection from perfection is yet perfect. May there be peace, peace and perfect peace.

-- Jai Shri Radha --